Power Door Mirrors

You can adjust the door mirrors when the power mode is in ON.

■ Mirror position adjustment

L/R selector switch: Select the left or right mirror. After adjusting the mirror, return the switch to the center position.

Mirror position adjustment switch: Press the switch left, right, up, or down to move the mirror.

■ Folding door mirrors*

Press the folding button to fold in and out the door mirrors.

Reverse Tilt Door Mirror

If activated, either side door mirror automatically tilts downward when you put the transmission into R; this improves close-in visibility on the selected side of the vehicle when backing up. The mirror automatically returns to its original position when you take the transmission out of R.

To activate this feature, set the power mode to ON and slide the selector switch to the left or right side.

* Not available on all models
Adjusting the Mirrors
Power Door Mirrors

- **Automatic Folding Door Mirror Function***
  - **Folding in the door mirrors**
    Lock the driver’s door with the key, press the lock button on the remote transmitter, touch the door lock sensor on any door, or press the door lock button on the tailgate.
    - The mirrors start folding in automatically.
  - **Folding out the door mirrors**
    Unlock the driver’s door using the key, remote transmitter or keyless access system.
    - The mirrors start folding out automatically.

* Not available on all models
Adjusting the Seats

Front Seats

Adjust the driver’s seat as far back as possible while allowing you to maintain full control of the vehicle. You should be able to sit upright, well back in the seat and be able to adequately press the pedals without leaning forward, and grip the steering wheel comfortably. The passenger’s seat should be adjusted in a similar manner, so that it is as far back from the front airbag in the dashboard as possible.

Adjusting the Seat Positions

Adjusting the front power seats

Horizontal Position Adjustment

Height Adjustment

Mode Selector

Seat Control Interface*

Seat-back Angle Adjustment

WARNING

Sitting too close to a front airbag can result in serious injury or death if the front airbags inflate.

Always sit as far back from the front airbags as possible while maintaining control of the vehicle.

The National Highway Traffic Safety Administration and Transport Canada recommend that drivers allow at least 10 inches (25 cm) between the center of the steering wheel and the chest.

Always make seat adjustments before driving.

* Not available on all models
Adjusting the Seats

Front Seats

Controls

■ Lumbar Support Adjustment Switch

Press the top: To move the lumbar support up.
Press the bottom: To move the lumbar support down.
Press the front: To increase the entire lumbar support.
Press the rear: To decrease the entire lumbar support.

Models without mode selector

Lumbar Support Adjustment Switch

Press the top: To move the lumbar support up.
Press the bottom: To move the lumbar support down.
Press the front: To increase the entire lumbar support.
Press the rear: To decrease the entire lumbar support.
Adjusting the Seats

Front Seats Controls

Press the mode selector up or down to display seat adjustment information on the audio/information screen, and then use the adjustment switch to adjust the lumbar support, bolster support or thigh support.

Seat Control Interface*

The image of each adjustment mode displayed on the audio/information screen:

- Lumbar support
- Bolster support
- Thigh support

* Not available on all models
Adjusting the Seats
Front Seats

1. Press the mode selector up or down to select the lumbar support adjustment mode, bolster support adjustment mode or thigh support adjustment mode.
2. Press the adjustment switch as follows:

   **To adjust the lumbar support:**
   - **Press the top:** To move the lumbar support up.
   - **Press the bottom:** To move the lumbar support down.
   - **Press the front:** To increase the entire lumbar support.
   - **Press the rear:** To decrease the entire lumbar support.

   **To adjust the bolster support:**
   - **Press the front:** To increase the bolster support.
   - **Press the rear:** To decrease the bolster support.

* Not available on all models

The lumbar support, bolster support and thigh support can be adjusted even when the power mode is in VEHICLE OFF. However, the adjusting mode display does not come on with the power mode in VEHICLE OFF.
To adjust the thigh support:

**Press the front:** The tucked-down seat cushion end rolls out to support your thighs.

**Press the rear:** The tucked-down seat cushion end rolls in to support your thighs.

3. To close the adjusting mode display, hover over the true touchpad A and/or B, then press the true touchpad.

- When you want to close the driver’s side adjusting mode display, hover over and press the true touchpad A.
- When you want to close the passenger’s side adjusting mode display, hover over and press the true touchpad B.
Adjusting the Seats

Adjusting the Front Seats

Controls

Adjust the driver’s seat-back to a comfortable, upright position, leaving ample space between your chest and the airbag cover in the center of the steering wheel.

The front seat passenger should also adjust their seat-back to a comfortable, upright position.

Reclining a seat-back so that the shoulder part of the belt no longer rests against the occupant’s chest reduces the protective capability of the belt. It also increases the chance of sliding under the belt in a crash and being seriously injured. The farther a seat-back is reclined, the greater the risk of injury.

WARNING

Reclining the seat-back too far can result in serious injury or death in a crash.

Adjust the seat-back to an upright position, and sit well back in the seat.

Do not put a cushion, or other object, between the seat-back and your back. Doing so may interfere with proper seat belt or airbag operation.

If you cannot get far enough away from the steering wheel and still reach the controls, we recommend that you investigate whether some type of adaptive equipment may help.
Head Restraints
Your vehicle is equipped with head restraints in all seating positions.

Adjusting the Front and Rear Outer Head Restraint Positions

Head restraints are most effective for protection against whiplash and other rear-impact crash injuries when the center of the back of the occupant’s head rests against the center of the restraint. The tops of the occupant’s ears should be level with the center height of the restraint.

Position head in the center of the head restraint.

WARNING
Improperly positioning head restraints reduces their effectiveness and increases the likelihood of serious injury in a crash.

Make sure head restraints are in place and positioned properly before driving.

In order for the head restraint system to work properly:
• Do not hang any items on the head restraints, or from the restraint legs.
• Do not place any objects between an occupant and the seat-back.
• Install each restraint in its proper location.
To raise the head restraint: Pull it upward.
To lower the head restraint: Push it down while pressing the release button.

To adjust the front head restraint forward:
Push the back of it forward.
To return the front head restraint to the original position:
Press the release button.
Changing the Rear Center Seat Head Restraint Position

A passenger sitting in a center back seating position should adjust the height of their head restraint to an appropriate position before the vehicle begins moving.

To raise the head restraint:
Pull it upward.

To lower the head restraint:
Push it down while pressing the release button.

Removing and Reinstalling the Head Restraints

Head restraints can be removed for cleaning or repair.

To remove a head restraint:
Pull the restraint up as far as it will go. Then push the release button, and pull the restraint up and out.

To reinstall a head restraint:
Insert the legs back in place, then adjust the head restraint to an appropriate height while pressing the release button. Pull up on the restraint to make sure it is locked in position.
Maintain a Proper Sitting Position

After all occupants have adjusted their seats and head restraints, and put on their seat belts, it is very important that they continue to sit upright, well back in their seats, with their feet on the floor, until the vehicle is safely parked and the engine is off.

Sitting improperly can increase the chance of injury during a crash. For example, if an occupant slouches, lies down, turns sideways, sits forward, leans forward or sideways, or puts one or both feet up, the chance of injury during a crash is greatly increased.

In addition, an occupant who is out of position in the front seat can be seriously or fatally injured in a crash by striking interior parts of the vehicle or being struck by an inflating front airbag.

WARNING

Sitting improperly or out of position can result in serious injury or death in a crash.

Always sit upright, well back in the seat, with your feet on the floor.
Rear Seats

Folding Down the Rear Seats
Separately fold down the left and right halves of the rear seat to make room for cargo.

To fold down the seat
1. Lower the head restraints to their lowest position. Put the armrest back into the seat-back.

2. Pull the release lever.

Folding Down the Rear Seats
The rear seat-back(s) can be folded down to accommodate bulkier items in the cargo area.

When you fold down one side of the rear seats and use the non-recessed part of the cargo area, make sure to secure the cargo. Loose items can fly forward and cause injury if you have to brake hard.

Make sure that the folded seat-back does not press against the front passenger seat, as this can cause the weight sensors in the front passenger seat to work improperly.

The front seat(s) must be far enough forward so they do not interfere with the rear seats as they fold down.

Make sure all items in the cargo area or items extending to the rear seats are properly secured. Loose items can fly forward if you have to brake hard.
To return the seat to the original position
Pull up the seat-back in the upright position.

To return the seat to the original position
Make sure the seat-back, head restraints and seat cushion are securely latched back into place before driving. Also, make sure all rear shoulder belts are positioned in front of the seat-back.

To lock a seat-back upright, push it backwards until it locks, so that the red tabs in the release lever go down.

When returning the seat-back to its original position, push it firmly back.
The power mode must be in ON to use the seat heaters and ventilators.

Press the seat heater or the seat ventilation button:
- Once - The HI setting (three indicators on)
- Twice - The MID setting (two indicators on)
- Three times - The LO setting (one indicator on)
- Four times - The OFF setting (no indicators on)

Press the AUTO button:
The system automatically selects the setting most suitable to the ambient environment.

When the power mode is turned on after it is turned off, the previous setting of front seat heaters and ventilators are maintained.

WARNING
Heat induced burns are possible when using seat heaters.

Persons with a diminished ability to sense temperature (e.g., persons with diabetes, lower-limb nerve damage, or paralysis) or with sensitive skin should not use seat heaters.

Do not use the seat heaters and the seat ventilation even in LO when the engine is off. Under such conditions, the battery may be weakened, making the engine difficult to start.

After a certain period of time, the strength setting for the seat heaters will automatically be reduced by one level at a time until the seat heater shuts off. The elapsed time varies according to the interior environment.

* Not available on all models
The power mode must be in ON to use the seat heaters.

There is no heater in the rear center seating position.

Press the seat heater button:
- Once - The HI setting (three indicators on)
- Twice - The MID setting (two indicators on)
- Three times - The LO setting (one indicator on)
- Four times - The OFF setting (no indicators on)

**WARNING**

Heat induced burns are possible when using seat heaters.

Persons with a diminished ability to sense temperature (e.g., persons with diabetes, lower-limb nerve damage, or paralysis) or with sensitive skin should not use seat heaters.

Do not use the seat heaters even in LO when the engine is off. Under such conditions, the battery may be weakened, making the engine difficult to start.

* Not available on all models